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Role Of Police In Addressing Physical Domestic Violence

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<u>Abstract</u>

Domestic violence, characterized by abusive behaviours within intimate relationships, often manifests as physical violence, posing a grave threat to victims' safety and well-being. This paper delves into the multifaceted responsibilities of the police in responding to and preventing such incidents. It examines the challenges faced by law enforcement in handling domestic violence cases, including the complexities of power dynamics, victim cooperation, and legal considerations. Moreover, it highlights the importance of comprehensive training for police officers to effectively identify, intervene in, and support victims of domestic violence. Furthermore, the abstract discusses the significance of collaboration between law enforcement, social services, and advocacy organizations to provide holistic support for survivors. In conclusion, this abstract underscore the critical role of the police in protecting vulnerable individuals and families from physical domestic violence and emphasizes the need for ongoing efforts to improve their response and sensitivity to these cases.

Key Words:- Abusive, Power Dynamics, Victim, law Enforcement, survivors, Sensitivity, Reluctant, Depression, Counselling, Prosecutors, Reluctance, Perpetrator, Campaign, Trauma, Foster Units, Community, Awareness.

Introduction

Identifying domestic violence can be challenging, as it often occurs behind closed doors and victims may be reluctant to come forward due to fear, shame, or other reasons. However, there are several signs and indicators that can help identify potential cases of domestic violence.

1. Physical Signs:-

- Unexplained injuries, such as bruises, cuts, or broken bones, especially if they recur.
- Frequent visits to the emergency room or healthcare providers for injuries.

2. Behavioural and Emotional Signs in the Victim:

- Fearfulness or anxiety around their partner.
- Depression, low self-esteem, or signs of trauma, such as nightmares or flashbacks.
- -Unexplained absenteeism from work or social activities.

3. Verbal and Psychological Abuse:

- Frequent belittling, humiliation, or verbal threats.
- Manipulative behaviour or gaslighting to make the victim doubt their own perceptions and sanity.

5. Children's Behaviour:

- Children in the household may display signs of trauma, anxiety, or aggression.
- A child may act as if they are trying to protect one parent from the other.

6. Calls to Law Enforcement:

• Frequent calls to the police for disturbances or domestic disputes at the same address may be indicative of ongoing violence.

Police Response Towards Domestic Violence

The police have a vital role in responding to and preventing domestic violence. Their responsibilities encompass immediate response to emergency calls, ensuring the safety of all parties involved, and conducting thorough investigations to gather evidence and support victims. They must provide information about victims' rights and available resources, including shelters and counselling services, while also assisting in safety planning. Collaboration with social services, victim advocates, and community organizations is essential to offer holistic support. Police officers must undergo training to recognize the signs of domestic violence and respond with sensitivity, fostering a culture of empathy toward victims. Additionally, they play a critical role in holding perpetrators accountable through the legal system.

Here are the key responsibilities of the police in addressing domestic violence:

1. Immediate Response:

- Respond promptly to emergency calls related to domestic violence.
- Ensure the safety of all parties involved, including separating the victim and the perpetrator if necessary to prevent further harm.

2. Protect the Victim:

- Provide protection and support to the victim, including information on obtaining restraining orders or emergency shelter if needed.
- Listen to the victim's account of the incident and document their injuries or statements.

3. Investigation:

- Conduct a thorough and impartial investigation to gather evidence, interview witnesses, and collect statements.
- Preserve and document physical evidence, such as photographs of injuries and the scene.

4. Provide Information:

- Inform the victim of their rights, including the right to press charges, seek protection orders, and access victim services.
- Offer information about local resources, such as domestic violence hotlines, shelters, and counselling services.

6. Safety Planning:

• Assist the victim in creating a safety plan, including steps to take if violence escalates or if they need to leave their home quickly.

7. Collaboration:

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- Collaborate with social services agencies, victim advocates, and community organizations to provide holistic support to victims.
- Work with prosecutors to build strong cases against offenders and testify in court as needed.

8. Community Outreach and Education:

- Engage in community outreach and education to raise awareness about domestic violence and available resources.
- Collaborate with schools, healthcare providers, and community organizations to prevent domestic violence through education and awareness campaigns.

9. Accountability:

• Hold perpetrators accountable for their actions through the criminal justice system, ensuring they face appropriate legal consequences.

Hence, the police play a crucial role in responding to and preventing domestic violence by prioritizing victim's safety, conducting thorough investigation etc.

Challenges faced by law enforcement in handling domestic violence cases.

1. Victim Reluctance:

Many victims of domestic violence are reluctant to report or cooperate with law enforcement due to fear of retaliation, economic dependence on the abuser, or emotional ties. This can hinder investigations and the ability to hold perpetrators accountable.

2. Complex Power Dynamics:

Abusive relationships often involve complex power dynamics, making it difficult for victims to leave or speak out against their abusers. This can lead to contradictory statements or a reluctance to press charges.

3. Limited Evidence:

Domestic violence often occurs in private, making it challenging to gather evidence. Without concrete proof, it can be difficult to build a strong case against the perpetrator.

4. Lack of Witness Cooperation:

Witnesses, including family members or neighbours, may be hesitant to get involved or testify in domestic violence cases, fearing retribution from the abuser.

5. Cultural and Language Barriers:

Cultural norms and language barriers can prevent victims from seeking help or communicating effectively with law enforcement, particularly in diverse communities.

6. High-Risk Situations:

Domestic violence situations can quickly escalate into life-threatening incidents, putting officers at risk and requiring them to make rapid, high-stakes decisions.

7. Legal Challenges:

Navigating the legal complexities of restraining orders, custody disputes, and domestic violence laws can be challenging for both victims and law enforcement.

8. Community Trust:

Building trust within the community, especially among marginalized or underserved populations, is essential for encouraging victims to come forward and engage with law enforcement.

Overcoming these challenges necessitates ongoing training for law enforcement officers, collaboration with social services and advocacy organizations, and the implementation of policies and protocols that prioritize victim safety and offender accountability.

Improving police response towards domestic violence

First and foremost, specialized training for law enforcement officers is essential. They need to be equipped with the knowledge and skills to recognize the signs of domestic violence, understand the complexities of abusive relationships, and respond with sensitivity and empathy. This training should extend beyond legal procedures and focus on trauma-informed approaches, enabling officers to communicate effectively with victims who may be experiencing significant emotional distress.

In addition to training, clear and standardized protocols and policies are vital. These guidelines should emphasize the importance of prioritizing victim safety, collecting crucial evidence, and collaborating with support services and advocacy organizations. A victim-centric approach should be at the core of every response, ensuring that victims receive not only immediate protection but also long-term support to break free from the cycle of abuse.

Furthermore, dedicated domestic violence units within law enforcement agencies can make a substantial difference. These units can consist of officers who specialize in handling domestic violence cases, allowing them to gain expertise in navigating the intricacies of these situations. Such units can provide more personalized and focused support to victims, fostering trust and enhancing outcomes.

Collaboration with other agencies and community organizations is another critical aspect of improving police response. Multidisciplinary teams can work together to provide comprehensive support to victims, addressing their physical, emotional, and legal needs. This collaborative approach ensures that victims have access to shelters, counselling, legal aid, and other essential services, ultimately contributing to their recovery and empowerment.

Community engagement is also vital. Building trust within the community is essential to encourage victims to come forward and engage with law enforcement. Police officers can engage in outreach and education programs to raise awareness about domestic violence and available resources, breaking down the barriers of silence and fear that often prevent victims from seeking help.

Risk assessment tools and procedures should be developed to better prioritize high-risk cases and allocate resources effectively. Victim safety plans, co-created with victims, should be regularly updated to adapt to changing circumstances and empower victims to safeguard their well-being.

Data collection and analysis are essential for identifying trends and patterns in domestic violence incidents, helping law enforcement agencies allocate resources effectively and make data-informed improvements. Officer wellness programs must also be in place, considering the emotional toll that responding to domestic violence calls can take on officers. Mental health support and counselling should be readily available to ensure that officers remain effective and compassionate in their roles.

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Cultural competency training for officers is vital to understanding the unique challenges faced by diverse communities in reporting and responding to domestic violence. This training fosters cultural sensitivity, bridging communication gaps, and building trust with victims from various backgrounds.

Lastly, public awareness campaigns play a crucial role in educating the community about the consequences of domestic violence and where to seek help. These campaigns reduce stigma, encourage individuals to report abuse, and create a more supportive environment for victims.

In conclusion, improving police response towards domestic violence requires a comprehensive and coordinated effort that involves protocols, collaboration, community engagement, risk assessment, victim safety planning, data analysis, cultural competency, and public awareness. By implementing these measures, law enforcement agencies can better support victims, hold perpetrators accountable, and contribute to creating safer communities for all.

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